



# In-Clinic Visit Best Practices

In an effort to keep our patients, practitioners, staff and community safe, we are implementing the following protocols for all in person appointments.

## We ask that everyone please:



1. Come to your appointment by yourself (unless you are in need of aid or are a minor)



2. Bring and wear your own facemask if you have one



3. Visit the bathroom before you arrive if possible. Sanitize your hands as soon as you arrive



4. If you arrive early, please wait in your car until your appointment time before entering



5. Head directly to your sanitized, assigned treatment room



6. Pre-book and prepay for multiple appointments to allow a contactless visit. (Contactless payment preferred)

## Our practitioners and staff are doing the following:



1. Staff & practitioners are wearing masks for your protection



2. Working different shifts to limit the # of people in the clinic at one time



3. Increased time between appointments and extended clinic hours to reduce clinic traffic



4. "Optimised traffic flow" to allow for physical distancing in the common spaces



5. Washing hands and disinfecting treatment rooms between patients, and all high touch areas of the clinic disinfected multiple times per day



6. Waiting room seating is spaced out and toys, books and magazines have been removed from the clinic